

NHG Cares App (NCA) Comprehensive User Guide

Wednesday 13 Nov 2024

Version Update History

No	Date	Changes/New Content	Slide No.
1	26.09.2024	AVMS Automatic Visitor Management System (AVMS) for KTPH/AdMC Patient Login – Manage Visitors	21
2	13.11.2024	VCP – Video Consultation For NHG Polyclinics	52

Table of Contents

1 Downloading NCA 2 Notifications 6 3 Enable NCA Health Stats 4 Disable NCA Health Stats 5 Biometric Setup 6 Update Contact and Mailing Address 7 Profile & Settings 15 8 Appointments 16 9 Managing Caregiver 10 Automatic Visitor Management System (AVMS) for KTPH/Ad MC 21 Managing Dependent 23 12 Add Dependent's Appointment 25 13 Discharge Summary 27 14 My Care Plan 28 15 My Care Plan - Medical Certificate & Test Results 29 16 Health Tracking 31 17 My Care Plan Education 34 18 Test Results & MC 35 19 Health Summary 36 20 My Care Plans Medications	No	Changes/New Content	Slide No.
3 Enable NCA Health Stats 4 Disable NCA Health Stats 5 Biometric Setup 12 6 Update Contact and Mailing Address 14 7 Profile & Settings 15 8 Appointments 16 9 Managing Caregiver 19 10 Automatic Visitor Management System (AVMS) for KTPH/Ad MC 22 11 Managing Dependent 23 12 Add Dependent's Appointment 25 13 Discharge Summary 27 14 My Care Plan 28 15 My Care Plan - Medical Certificate & Test Results 29 16 Health Tracking 31 17 My Care Plan Education 34 18 Test Results & MC 35 19 Health Summary 36	1	Downloading NCA	5
4 Disable NCA Health Stats 10 5 Biometric Setup 12 6 Update Contact and Mailing Address 14 7 Profile & Settings 15 8 Appointments 16 9 Managing Caregiver 10 Automatic Visitor Management System (AVMS) for KTPH/Ad MC 21 11 Managing Dependent 23 12 Add Dependent's Appointment 25 13 Discharge Summary 27 14 My Care Plan 28 15 My Care Plan - Medical Certificate & Test Results 29 16 Health Tracking 31 17 My Care Plan Education 38 Test Results & MC 35 19 Health Summary 36	2	Notifications	6
5 Biometric Setup 12 6 Update Contact and Mailing Address 14 7 Profile & Settings 15 8 Appointments 16 9 Managing Caregiver 19 10 Automatic Visitor Management System (AVMS) for KTPH/Ad MC 22 11 Managing Dependent 23 12 Add Dependent's Appointment 25 13 Discharge Summary 27 14 My Care Plan 28 15 My Care Plan - Medical Certificate & Test Results 29 16 Health Tracking 31 17 My Care Plan Education 34 18 Test Results & MC 35 19 Health Summary 36	3	Enable NCA Health Stats	8
6 Update Contact and Mailing Address 14 7 Profile & Settings 15 8 Appointments 16 9 Managing Caregiver 19 10 Automatic Visitor Management System (AVMS) for KTPH/Ad MC 22 11 Managing Dependent 23 12 Add Dependent's Appointment 25 13 Discharge Summary 27 14 My Care Plan 28 15 My Care Plan - Medical Certificate & Test Results 29 16 Health Tracking 31 17 My Care Plan Education 34 18 Test Results & MC 35 19 Health Summary 36	4	Disable NCA Health Stats	10
7 Profile & Settings 15 8 Appointments 16 9 Managing Caregiver 19 10 Automatic Visitor Management System (AVMS) for KTPH/Ad MC 22 11 Managing Dependent 23 12 Add Dependent's Appointment 25 13 Discharge Summary 27 14 My Care Plan 28 15 My Care Plan - Medical Certificate & Test Results 29 16 Health Tracking 31 17 My Care Plan Education 34 18 Test Results & MC 35 19 Health Summary 36	5	Biometric Setup	12
8 Appointments 16 9 Managing Caregiver 19 10 Automatic Visitor Management System (AVMS) for KTPH/Ad MC 22 11 Managing Dependent 23 12 Add Dependent's Appointment 25 13 Discharge Summary 27 14 My Care Plan 28 15 My Care Plan - Medical Certificate & Test Results 29 16 Health Tracking 31 17 My Care Plan Education 34 18 Test Results & MC 35 19 Health Summary 36	6	Update Contact and Mailing Address	14
9 Managing Caregiver 19 10 Automatic Visitor Management System (AVMS) for KTPH/Ad MC 22 11 Managing Dependent 23 12 Add Dependent's Appointment 25 13 Discharge Summary 27 14 My Care Plan 28 15 My Care Plan - Medical Certificate & Test Results 29 16 Health Tracking 31 17 My Care Plan Education 34 18 Test Results & MC 35 19 Health Summary 36	7	Profile & Settings	15
10 Automatic Visitor Management System (AVMS) for KTPH/Ad MC 21 11 Managing Dependent 23 12 Add Dependent's Appointment 25 13 Discharge Summary 27 14 My Care Plan 28 15 My Care Plan - Medical Certificate & Test Results 29 16 Health Tracking 31 17 My Care Plan Education 34 18 Test Results & MC 35 19 Health Summary 36	8	Appointments	16
11 Managing Dependent 23 12 Add Dependent's Appointment 25 13 Discharge Summary 27 14 My Care Plan 28 15 My Care Plan - Medical Certificate & Test Results 29 16 Health Tracking 31 17 My Care Plan Education 34 18 Test Results & MC 35 19 Health Summary 36	9	Managing Caregiver	19
12 Add Dependent's Appointment 25 13 Discharge Summary 27 14 My Care Plan 28 15 My Care Plan - Medical Certificate & Test Results 29 16 Health Tracking 31 17 My Care Plan Education 34 18 Test Results & MC 35 19 Health Summary 36	10	Automatic Visitor Management System (AVMS) for KTPH/Ad MC	22
13 Discharge Summary 27 14 My Care Plan 28 15 My Care Plan - Medical Certificate & Test Results 29 16 Health Tracking 31 17 My Care Plan Education 34 18 Test Results & MC 35 19 Health Summary 36	11	Managing Dependent	23
14My Care Plan2815My Care Plan - Medical Certificate & Test Results2916Health Tracking3117My Care Plan Education3418Test Results & MC3519Health Summary36	12	Add Dependent's Appointment	25
15 My Care Plan - Medical Certificate & Test Results 29 16 Health Tracking 31 17 My Care Plan Education 34 18 Test Results & MC 35 19 Health Summary 36	13	Discharge Summary	27
16 Health Tracking 31 17 My Care Plan Education 34 18 Test Results & MC 35 19 Health Summary 36	14	My Care Plan	28
17 My Care Plan Education 34 18 Test Results & MC 35 19 Health Summary 36	15	My Care Plan - Medical Certificate & Test Results	29
18 Test Results & MC 35 19 Health Summary 36	16	Health Tracking	31
19 Health Summary 36	17	My Care Plan Education	34
	18	Test Results & MC	35
20 My Care Plans Medications 37	19	Health Summary	36
	20	My Care Plans Medications	37

No	Changes/New Content	Slide No.
21	MOH Health Plan	38
22	Health Kampung	39
23	NHG Cares Memberships	45
24	Bills & Payments	48
25	COPD Questionnaire	49
26	GINA Questionnaire	51
27	VCP - Video Consultation NGHP	53
28		
29		
30		
31		
32		
33		
34		
35		
36		
37		
38		
39		
40		



Legend

Singpass Login

Singpass login is required to access the feature.

Central & ResidentsNorth

NHG Residents living in the Central and North region of Singapore can access the feature.

Enrolled to Healthier SG

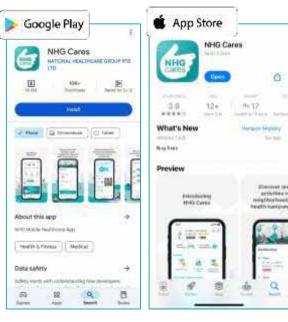
Residents living in Central and North region of Singapore enrolled to NHG Polyclinic or with a NHG HSG General Practitioner partner can access the feature.

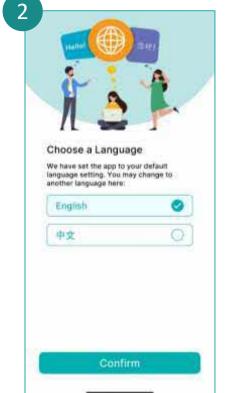




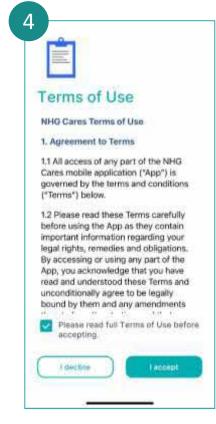
Getting Started with NHG Cares App













Scan QR code to download **NHG Cares app from Google Play or App Store.**

Tap on your preferred language and **Confirm.**

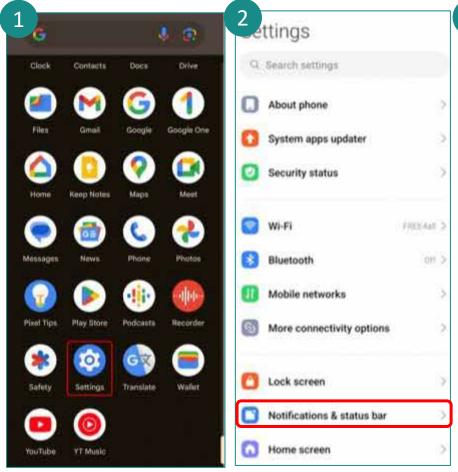
Tap on Start.

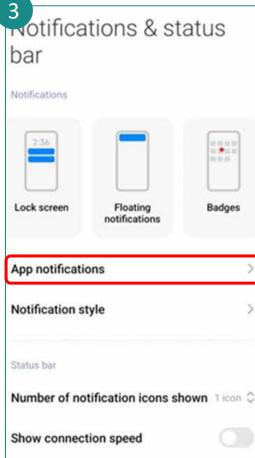
Read the Terms of Use. Tap on the checkbox and I accept.

Input your details and tap on **Finish Setup**.

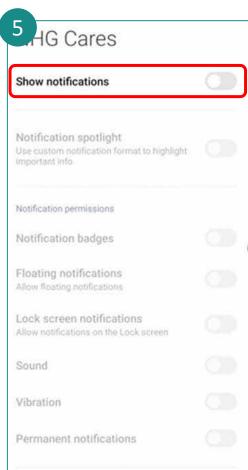


NCA Notifications (Android)









Tap on **Settings** on your Android Home Screen.

Tap on **Notifications &** status bar.

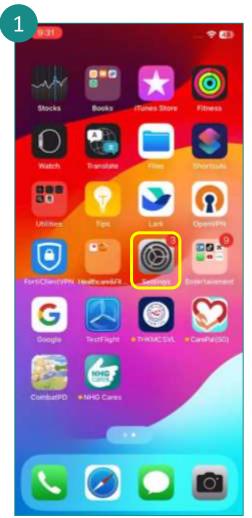
Tap on **App notifications.**

Search for NHG Cares.

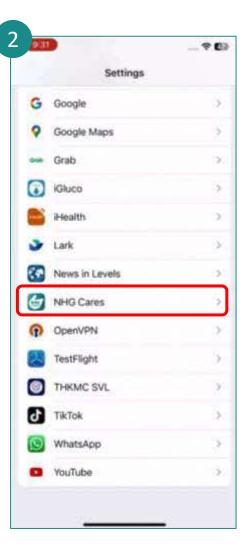
Toggle on **Show notifications** to enable/disable notifications.



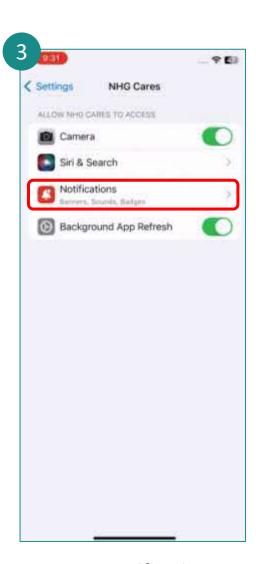
NCA Notifications (IOS)



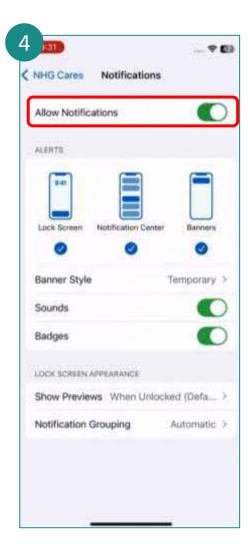
Tap on **Settings** on your iOS Home Screen.



Tap on **NHG Cares**.



Tap on **Notifications**.

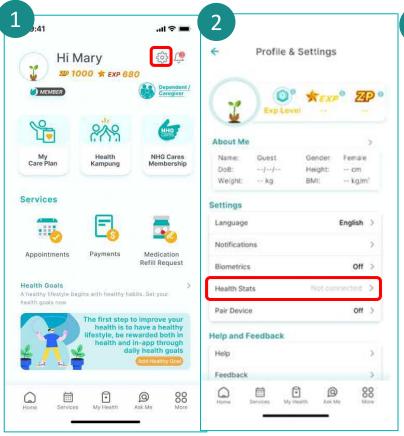


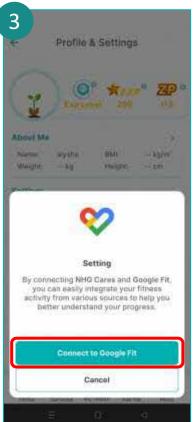
Toggle on **Show notifications** to enable/disable notifications.

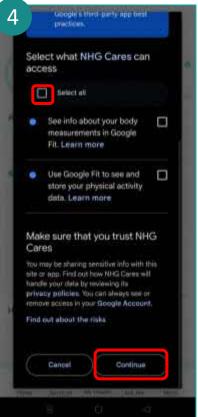


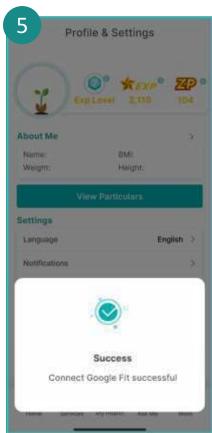
Enable NCA Health Stats - Google Fit (Android)

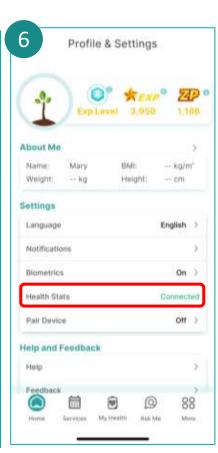












Tap on the **Gear** icon.

Tap on **Health Stats Not Connected.**

Tap on **Connect to Google Fit.**

Check **Select all** and tap on **Continue.**

View the Success Pop Up message.

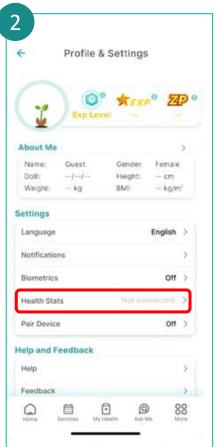
Health Stats status will reflect **Connected.**

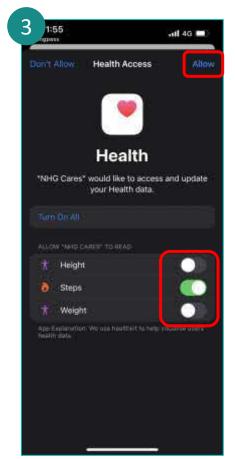


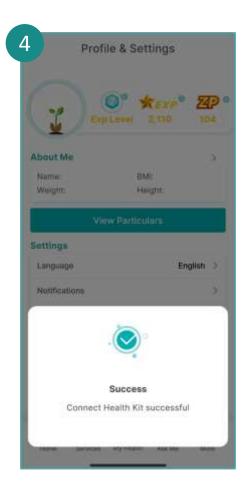
NHG cares

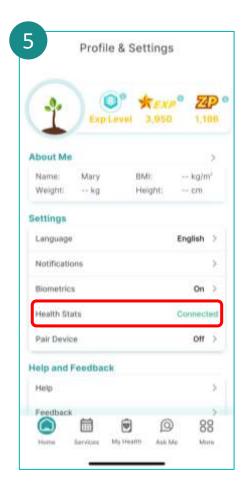
Enable NCA Health Stats – Health (IOS)











Tap on the **Gear** icon.

Tap on **Health Stats Not** connected.

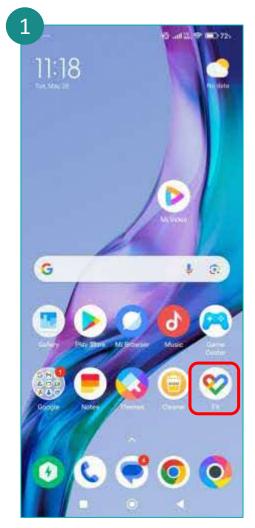
Tap on the health stats you would like to allow and tap on **Allow**.

View the Success Pop Up message.

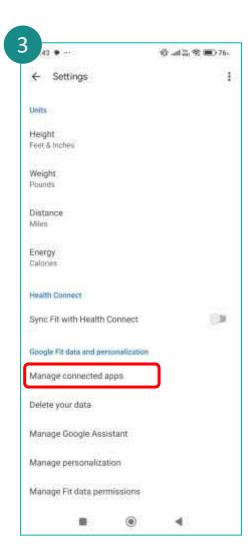
Health Stats status will reflect **Connected.**

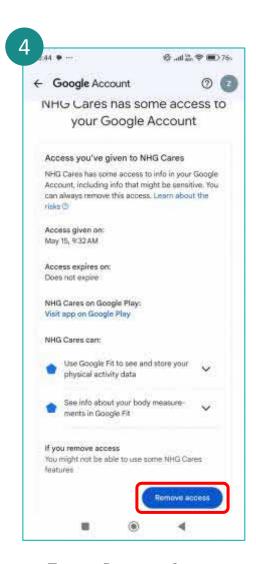


Disable NCA Health Stats - Google Fit (Android)



公司...d (■)70、 **3** Profile Activity goals Heart Points 5,000 20 Bedtime schedule GHINDSOL About you - Dender Sep 9, 1997 Female Weight Height å Profile





Tap on the **Google Fit** app.

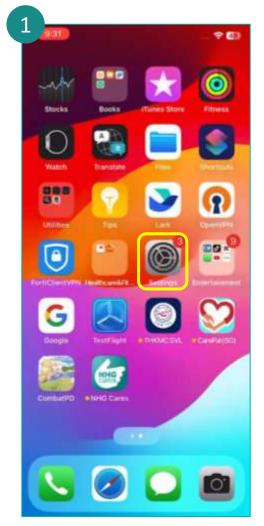
Tap on the **Gear** icon.

Tap on Manage connected apps.

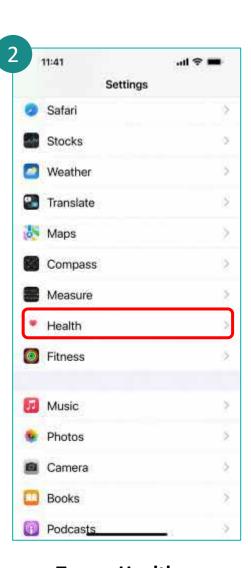
Tap on Remove Access.



Disable NCA Health Stats - Health (IOS)



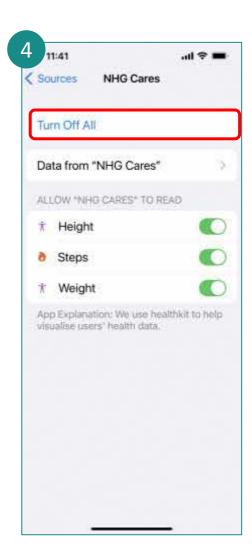
Tap on the **Settings** app.



Tap on **Health**.



Tap on **Data Access & Devices.**

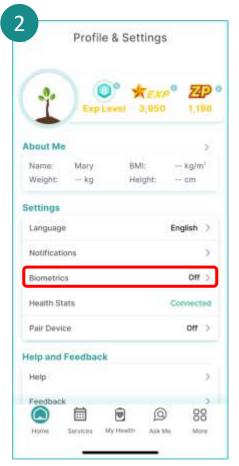


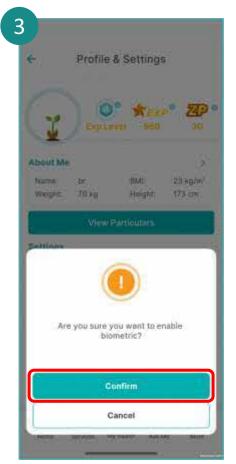
Tap on **NHG Cares** and tap **Turn Off All** to disable.

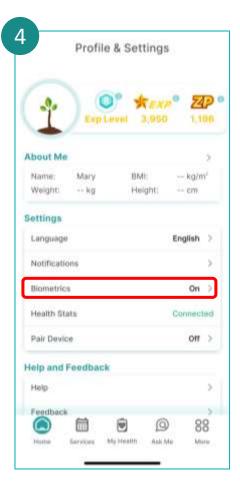


Enable NCA Biometrics









Tap on the **Gear** icon.

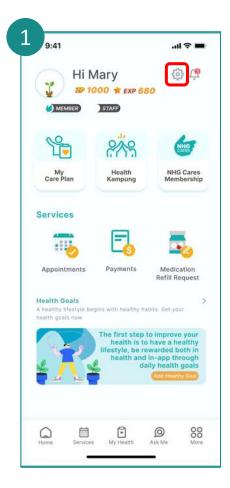
Tap on **Biometrics Off.**

Tap on **Confirm** to enable biometrics access.

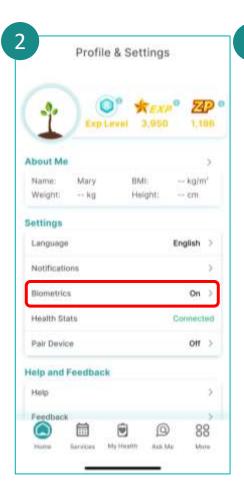
Biometrics status will reflect **On.**



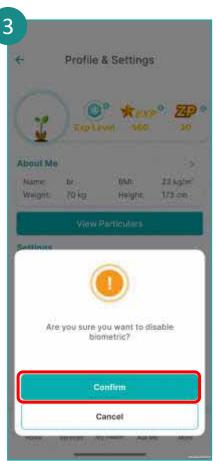
Disable NCA Biometrics



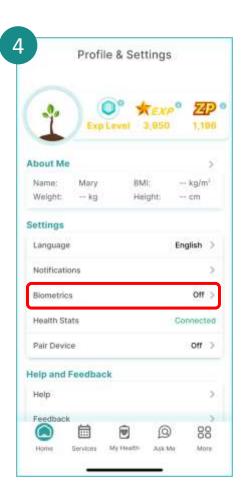
Tap on the Gear icon.



Tap on Biometrics On.



Tap on **Confirm** to disable biometrics access.



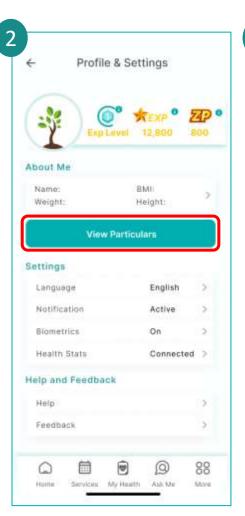
Biometrics status will reflect **Off**.



Update Mailing Address/Contact Details



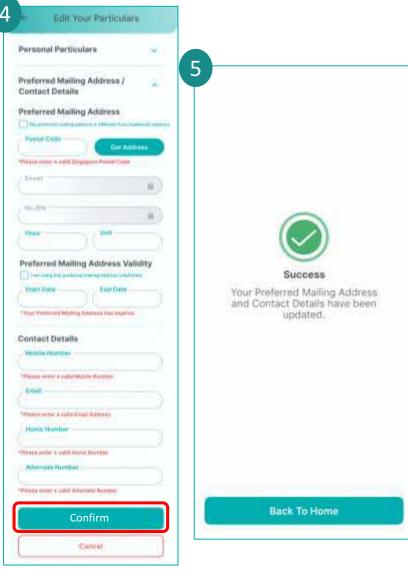
Tap on the **Gear** icon.



Tap on View Particulars.



Tap on **Update**Address/Contacts.



Update the relevant fields and tap on **Confirm** to save.

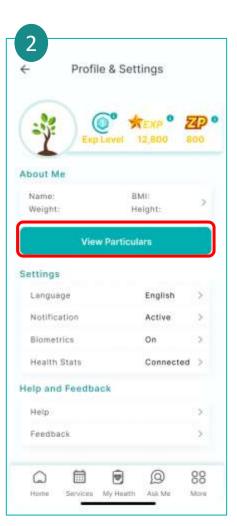


Update Mailing Address/Contact Details via Myinfo





Tap on the **Gear** icon.



Tap on View Particulars.



Tap on **Retrieve Myinfo**



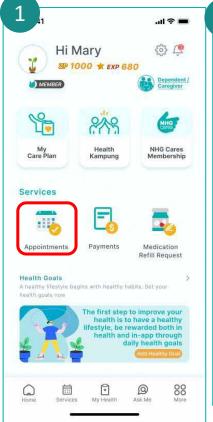
Update the relevant fields and tap on **Confirm** to save.

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ontact Details		31/12/2100	All
Contact Details Mobile Number 9442 1231		31/12/2100	All
ontact Details		31/12/2100	All
Contact Details Mobile Number 9442 1231		31/12/2100	All .
Contact Details Mobile Number 9442 1231		31/12/2100	All
Mobile Number 9442 1231 Email hhg@nhg.com		31/12/2100	All
Contact Details Mobile Number 9442 1231 Email http://www.nbg.com		31/12/2100	All
Mobile Number 9442 1231 Email hhg@nhg.com		31/12/2100	All and a second a second and a second a second and a second a second and a second a second and a second and a second and a second and a second a second a second and a second
Contact Details Mobile Number 9442 1231 Email http://www.nbg.com		31/12/2100	A
Contact Details Mobile Number 9442 1231 Email http://www.nbg.com		31/12/2100	

Book Appointment

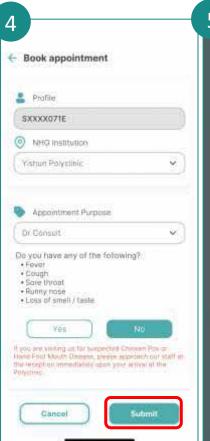
Singpass Login

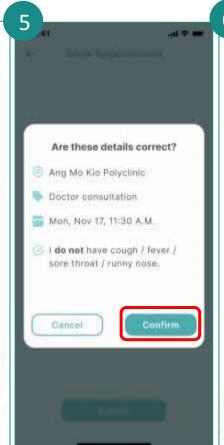
Only applicable to NHGP and NSC

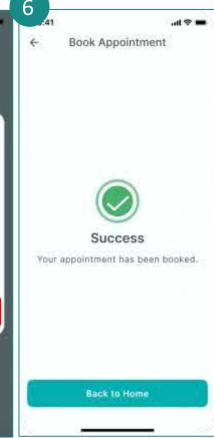












Tap on **Appointments**.

Tap on **NHG Appointments**.

Tap on Add New Appointment.

Select your:

- 1. Institution
- 2. Appointment Purpose
- 3. Appointment Timeslot

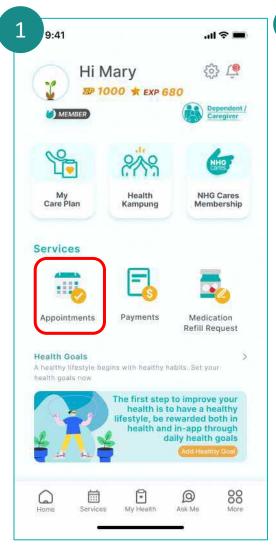
Review your details and **Confirm** your booking.

Tap on Submit.

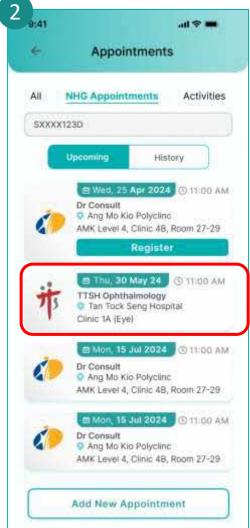


NHG cares

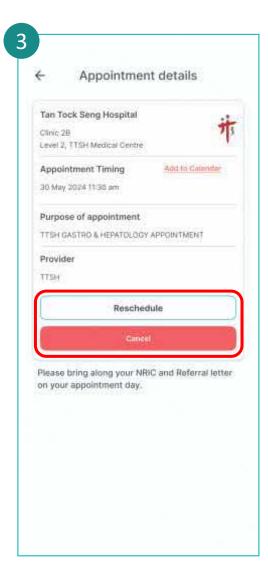
Reschedule/Cancel Appointment



Tap on **Appointments**.



Tap on the appointment that requires rescheduling/cancellation.



Tap on **Reschedule** or **Cancel Appointment** to make changes.



Appointment – Queue Registration and E-Itinerary

Applicable to all NHG institutions except IMH and NSC

Singpass Login



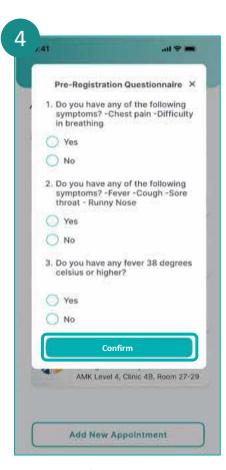
Tap on Appointments.



Tap on **Register** and fill up the questionnaire.



Patient is reminded to share the above information to the doctor.



Answer the questionnaire accordingly and tap on **Confirm** to submit.



Upon successful mobile registration you will be redirected to view your itinerary.

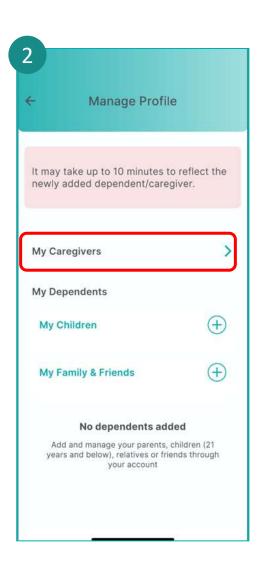


NHG cares

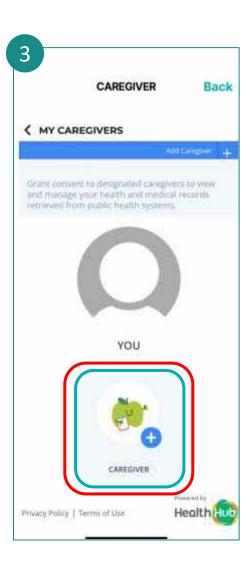
Add Caregiver (1/2)



Tap on **Dependent/Caregiver.**



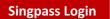
Tap on My Caregivers.



Tap on **CAREGIVER**.



Key in your caregiver's NRIC and tap on **Verify.**



NHG cares

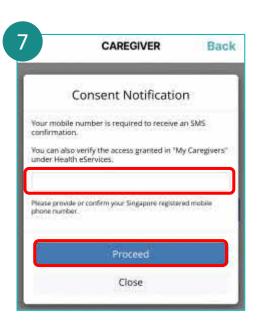
Add Caregiver (2/2)

	CAREGIVER	Back
< MY CAI	REGIVERS	
mahage you	nnt to designated caregive ir nealth and medical reco health systems.	
Add Calegive	r - Step 2 of 2: Caregiver's De	taŭs S
NRIC *		
\$10000111A		
Display Name		
Email *		
Salar Sa	No. of the last	
Select at least	I cution of the Hualth Reco	rus Types
Programmes		
Healthier St	6	
Mall Health	Record Types	
Appointme	nts (View/Request)	
Appointme	nts (Book/Reschedule/Cancel)	ξ.

Enter your caregiver's **Display Name** and **Email.**

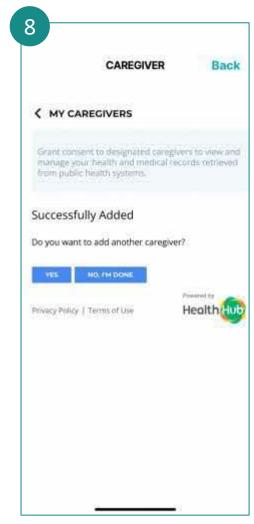


Select the health records to be shared and tap on **NEXT.**



Enter your mobile number and tap on **Proceed.**

You will receive an SMS confirmation from HealthHub upon adding a new caregiver.

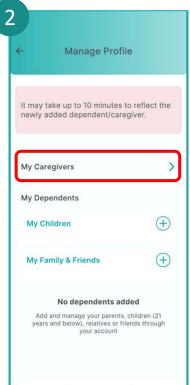


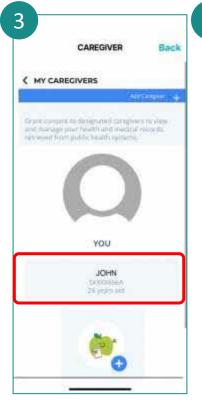
After it has been added successfully, you can view your care recipient's user profile in the Dependent/Caregiver feature.



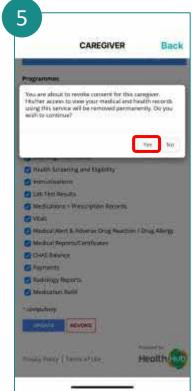
Remove Caregiver

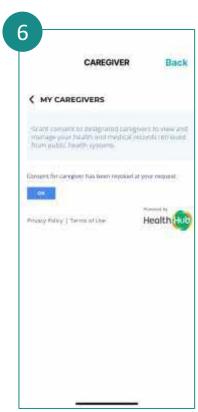












Tap on **Dependent/Caregiver.**

Tap on My Caregivers.

Tap on your caregiver's name (example: JOHN).

Scroll down and tap on **REVOKE.**

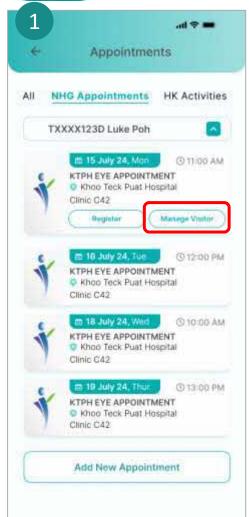
Tap **YES** to proceed to revoke consent for the caregiver.

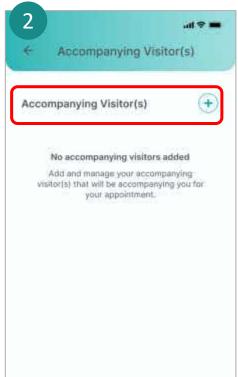
You have successfully removed your caregiver.



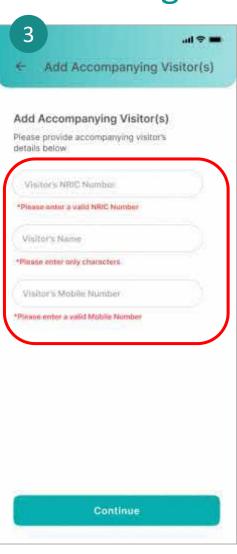
Automatic Visitor Management System (AVMS) for KTPH/AdMCPatient Login – Manage Visitors

Singpass Login

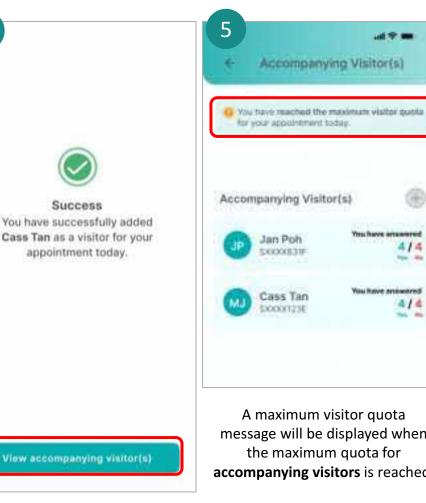




Tap on Add accompanying visitor(s) to add registered visitors(s).



Fill in all fields in add accompany visitor page.



A pop out message will be displayed for successful visitor registration.

message will be displayed when the maximum quota for accompanying visitors is reached.

Tap on **Manage Visitor** button to register a visitor.



There two type of Dependents:

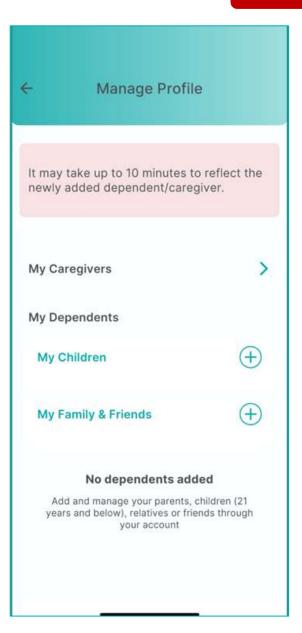
1. Children

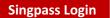
As parents, you can add your child under Children's Health if your child is below 21 years old; and meet the following eligibility criteria:

- Singapore Citizen born in Singapore from 1 January 1996; or
- Naturalised Singapore Citizen born from 1 January 1996 (Please note that only Sponsoring Parent* will be able to add the child); or
- Permanent Resident from 1 January 1996 (Please note that only Sponsoring Parent* will be able to add the child); or
- Currently enrolled in Primary, Secondary, Junior Colleges or Centralised Institutes. This
 excludes students in Pre-schools, Religious schools, Private schools, Polytechnics and
 Universities.

2. Family & Friends

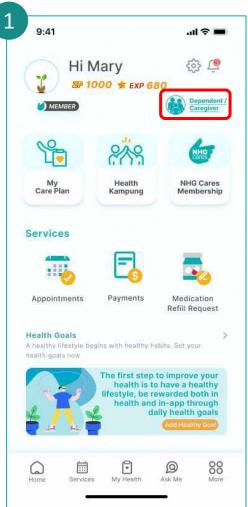
Your care recipient (dependent) must first add you as a caregiver by giving consent and grant access to you.







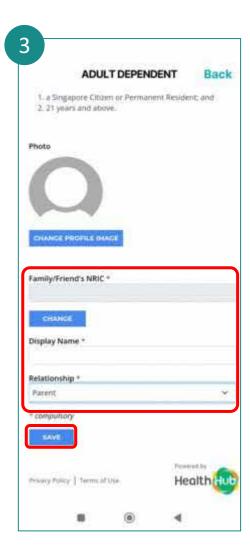
Add Dependent



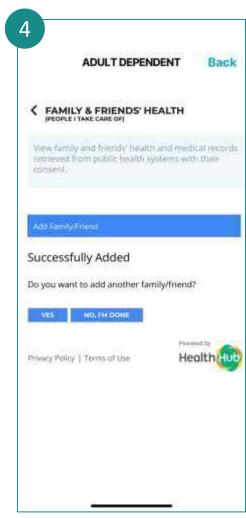
Tap on **Dependent/Caregiver.**



Tap on **My Children** or **My Family & Friends.**



Input the NRIC, Display Name, select the Relationship and tap on SAVE.



After it has been added successfully, you can view your dependent's user profile in the Dependent/Caregiver feature.





Manage Dependent's Appointment









Tap on **Dependent/Caregiver**.

Tap on the dependent's name.

Tap on **Appointments**.

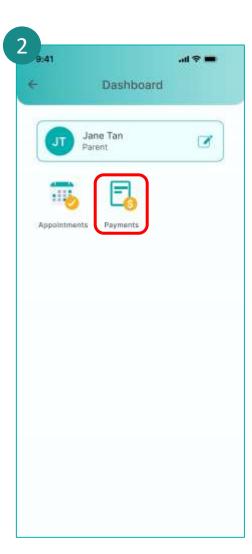
Manage your dependent's appointments accordingly.



Manage Dependent's Bill



Tap on **Dependent/Caregiver.**



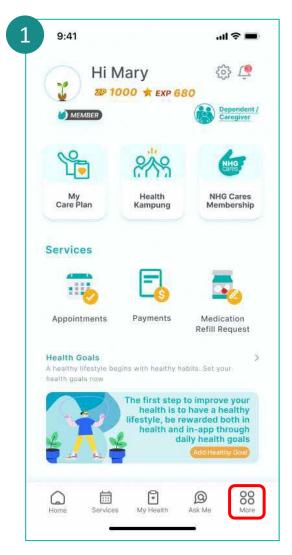
Tap on **Payments.**



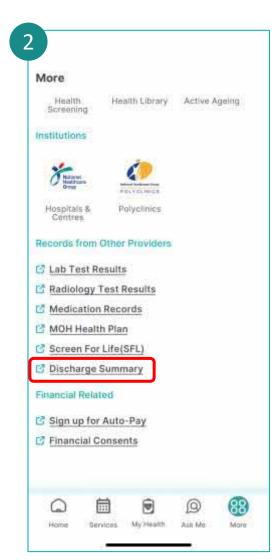
Manage your dependent's bill and payments accordingly.



Discharge Summary



Tap on More.



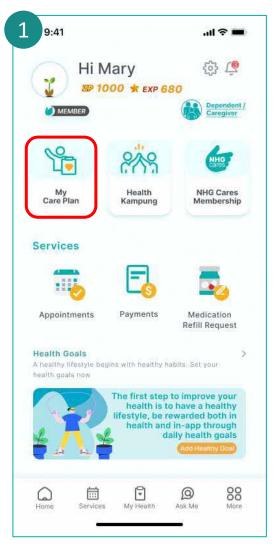
Under Records from Other Providers section, tap on Discharge Summary.



View your discharge information.



My Care Plan



Tap on My Care Plan.



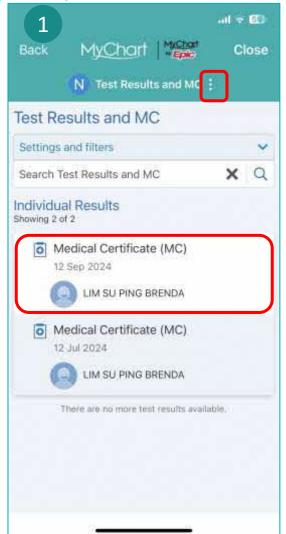
Select your Health Task or Health Info.

Singpass Login



Print functionality for Medical Certificate & Test Results in My Care Plan - iOS

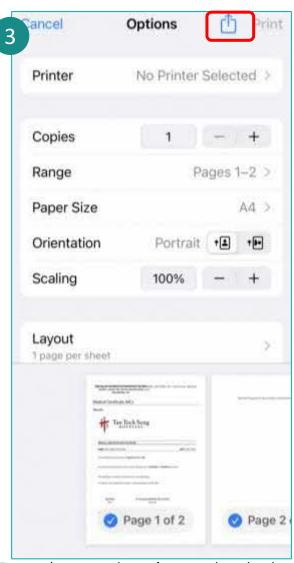
Singpass Login



Select the MC to be printed and tap on the **three-dots icon** to activate the print function.



Tap on Print.



Tap on the **export icon above** to download and save a copy of the MC into your smartphone folder.



Print functionality for Medical Certificate & Test Results in My Care Plan - Android



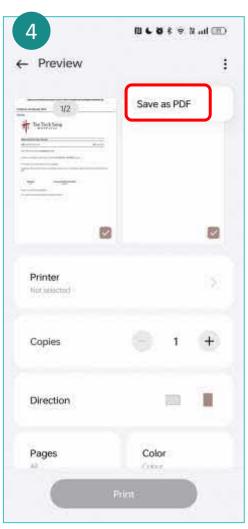




Tap on **Print.**



Tap on the **three-dots icon** above to download the **PDF document.**



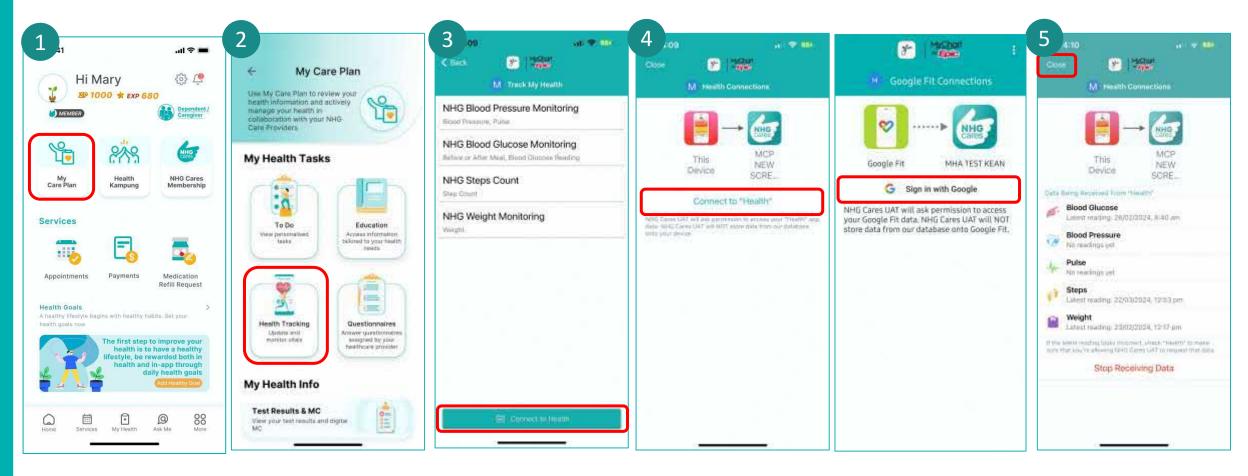
Tap on **save as PDF** to download and save a copy of the MC into your smartphone folder.

Select the MC to be printed and tap on the **three-dots icon** to activate the print function.



My Care Plan: Health Tracking, Automatically Sync (1/2)





Tap on My Care Plan.

Tap on **Health Tracking**.

Tap on **Connect to Health.**

For iOS users,
Tap on **Connect to Health.**

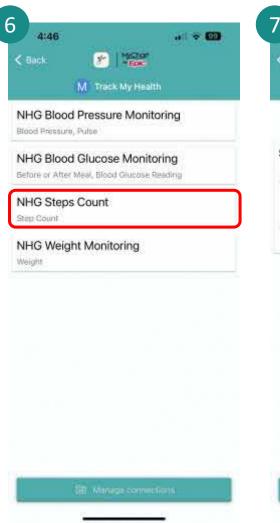
For Android users,
Tap on **Sign in with Google.**

Upon successfully connecting, tap on **Close** to exit the page.



My Care Plan: Health Tracking, Automatically Sync (2/2)

Singpass Login



Tap on your preferred flowsheet.

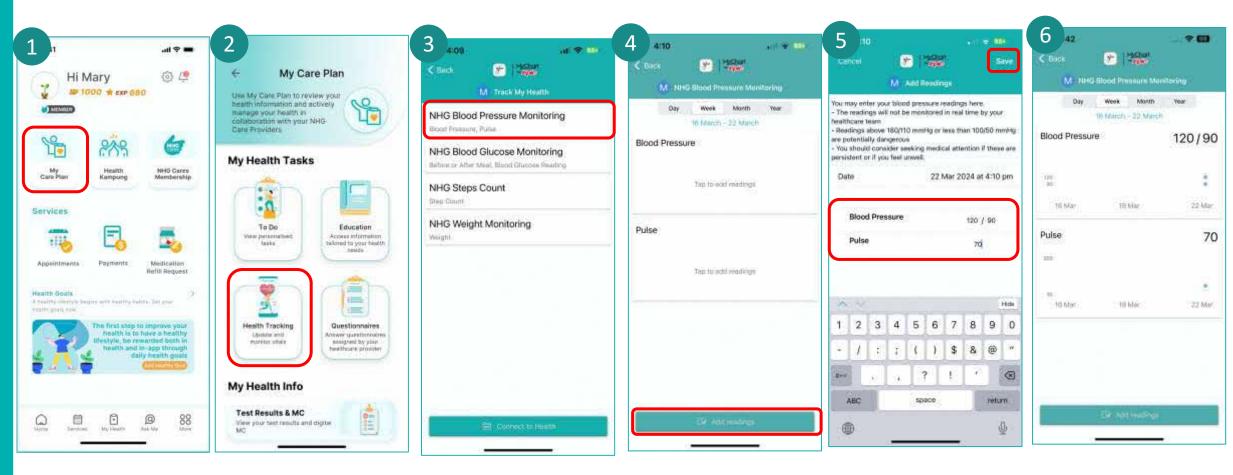


The data reflected is synced from the "Health" app (iOS) or "Google Fit" app (Android).



My Care Plan: Health Tracking, Manual Input

Singpass Login



Tap on My Care Plan.

Tap on **Health Tracking**.

Tap on your preferred flowsheet.

Tap on Add Reading.

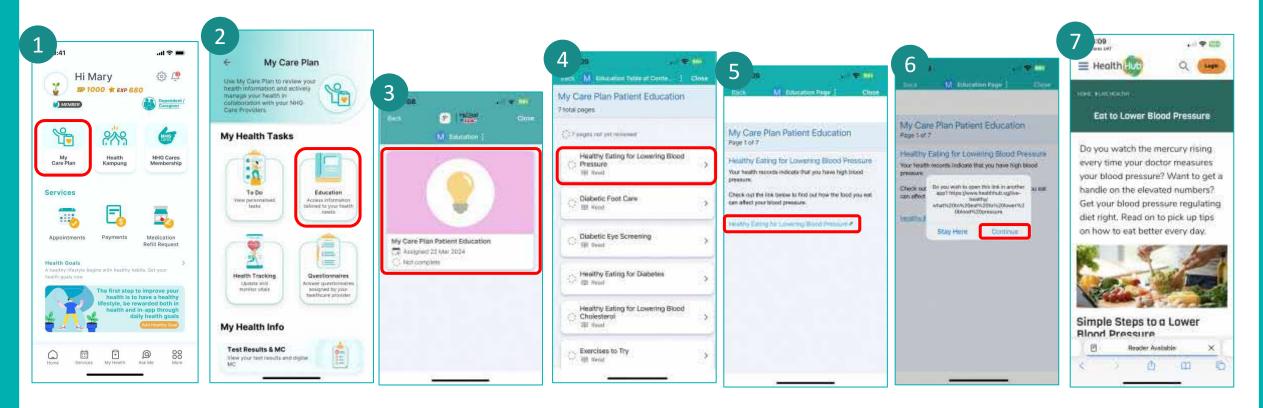
- 1. Input the values.
- 2. Tap on Save.

View the values entered.



My Care Plan: Education

Singpass Login



Tap on My Care Plan.

Tap on **Education**.

Tap on your Education plan.

Tap on your preferred educational material.

Tap on the link.

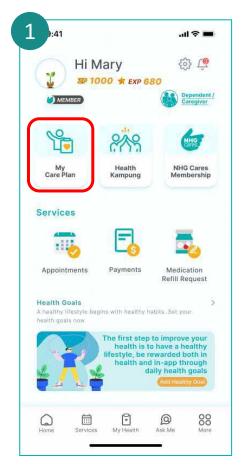
Tap on **Continue**.

Read the educational material.

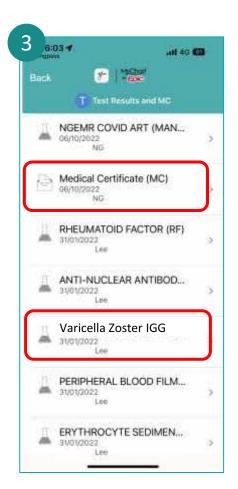


My Care Plan: Test Results & MC

Singpass Login











Tap on My Care Plan.

- 1. Scroll Down to My Health Info.
- 2. Tap on **Test Results & MC.**

Tap on the Test Result or Medical Certificate you would like to view.

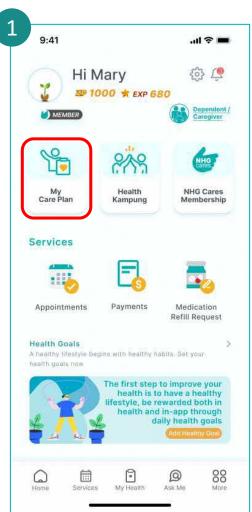
Sample screen of Medical Certificate

Sample screen of Test Result

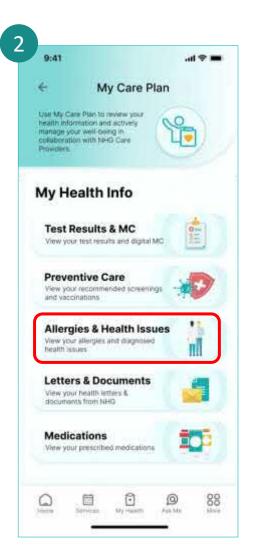


My Care Plan: Allergies & Health Issues

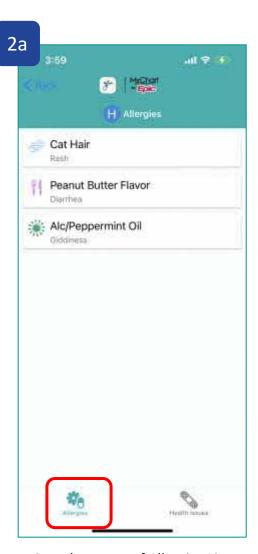
Singpass Login



Tap on My Care Plan.



- 1. Scroll Down to My Health Info.
- 2. Tap on Allergies & Health Issues.



Sample screen of Allergies List



Sample screen of Health Issues



My Care Plan: Medications

9:41

Providers:

My Care Plan

Use My Care Plan to review your health information and actively

manage your well-being in

collaboration with NHS Care

My Health Info

Test Results & MC

Preventive Care

and vaccinations

health issues

View your test results and digital MC

View your recommended screenings

Allergies & Health Issues

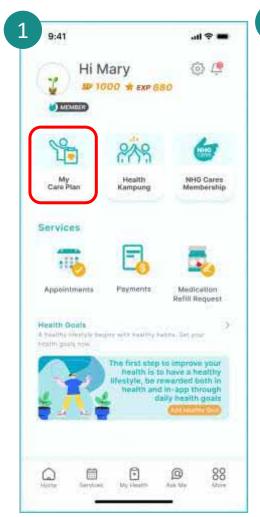
View your allergies and diagnoses

Letters & Documents

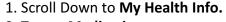
View your health letters &

documents from NHO

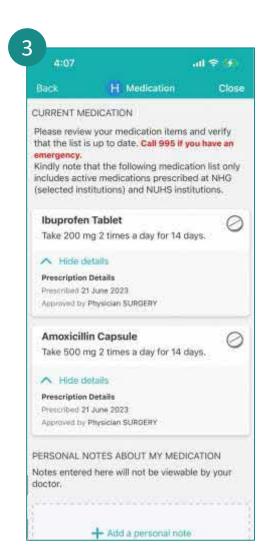
Medications View your prescribed medications



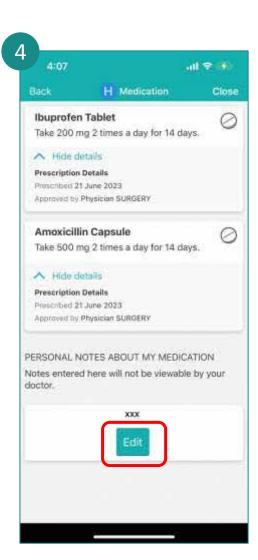








View prescribed medications.



Tap on **Edit** to add your own personal notes about your medication.



NHG cares

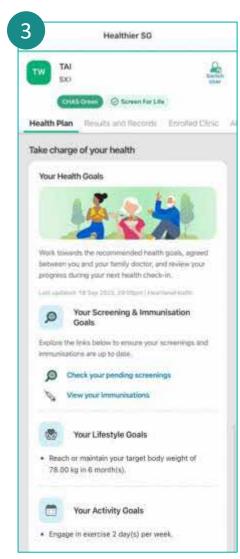
My Care Plan: MOH Health Plan



Tap on My Care Plan.



- 1. Scroll Down to My Health Info.
- 2. Tap on MOH Health Plan.



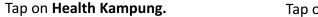
View your health plan.



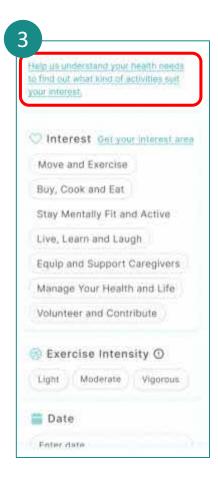
Health Kampung: Accessing Questionnaire



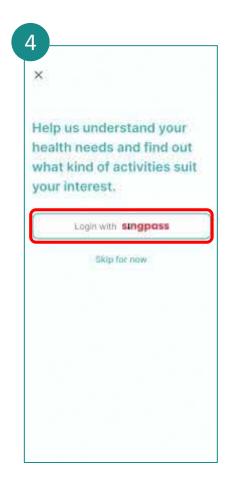




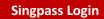




Tap on "Help us understand...".



Tap on **Login with Singpass**, if you have not done so.





Health Kampung: Completing Questionnaire (1/2)

Help us understand your We will be going through health needs and receive a three short sections. NHG Pharmacy e-Voucher* and additional NHG rewards. Physical needs and activity interests *Limited to the first 3,000 users who complete the questionnaire and provide their e-mail address Health status Login with singposs Smoking history (if any) Skip for now Begin

First, let's find out more about your physical needs and activity interests. The information you provide will assist us in better understanding your needs and enable us to develop activities that are suitable for you. It should take 1 minute to complete. Continue

any difficulties: Standing up from a sested position without aming your arms? O Yes (Nu Detting up from the floor without using with each as furniture? Yes: (C) No Climbing frin (10) stron without rest and without using aids such as handrals and working aids? (i) Yes C):No Getting up from the floor without owing aids such as fuminine? O Yes. O No What interests you? (You may welect more than one) Move and Exercise Buy, Gook and Eat Stay Mentally Fit and Active Live, Learn anit Laugh Egyp and Support Caregivers Manage Your Health and Life Volunteer and Contribute

Select your answers and tap on Submit.

Next, please share your health status with us. Understanding your overall health status and potential risks can help us provide relevant health content for you. It should take 5 minutes to complete. Continue

Tap on Continue.

aformation to the best of your knowledge Input your latest height and weight. This will be used to Herive your Budy Mass Weight Begg Has a doctor told you that you have diabetics, high blood presents and/or high trioud cholesterol? O WH O H O Not yore Dill you go for colorectal cancer. acreening, either a 63 Fascal Immunochemical Test in the part year; or (ii) Colombicopy in the last 10 years? Yes Mi (C) Test sum Aire you is complian? (i) No, never stocked No. 60-arcma- Yes, current emoker Any other health concerns? 10ptioner 0.0000

Select your answers and tap on Submit.

Tap on Login with singpass.

Tap on **Begin**.

Tap on Continue.

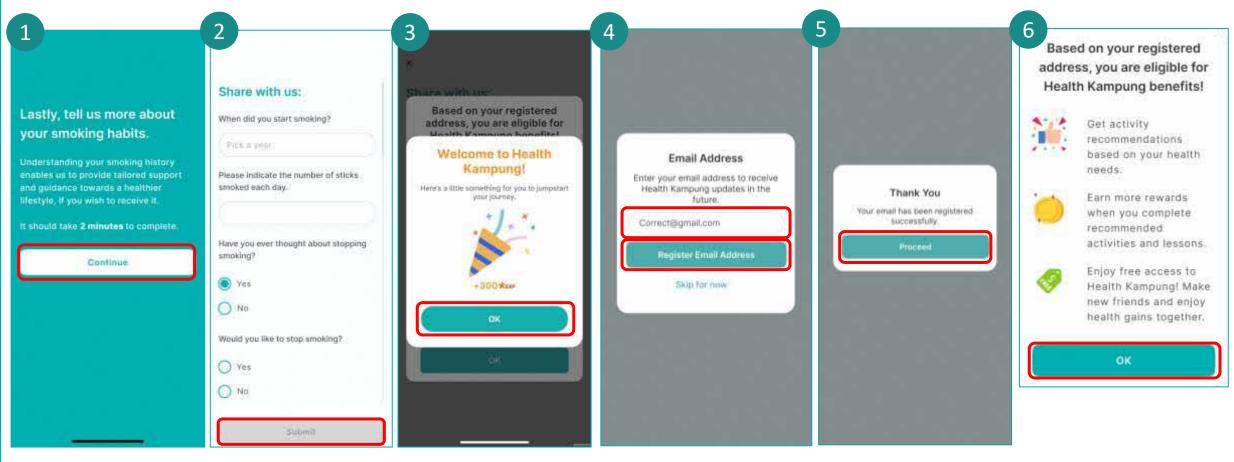
Note: Questions listed are for reference only, users may see a different set of questions based on your age, gender, and answers selected.



Health Kampung: Completing Questionnaire (2/2)

Singpass Login

Central & North Residents



Tap on Continue.

Note: Only those who have indicated"Yes, Current Smoker" will see this screen.

Select your answers and tap on **Submit.**

Successful completion of questionnaire screen.

Key in your email address and tap on **Register Email Address**.

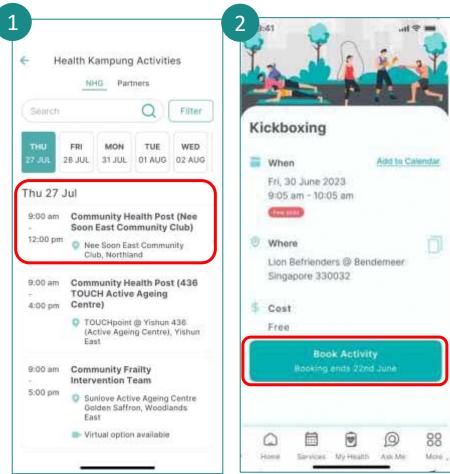
Upon successful email registration, tap on **Proceed.**

Tap on **OK** and proceed with viewing the available Health Kampung activities.





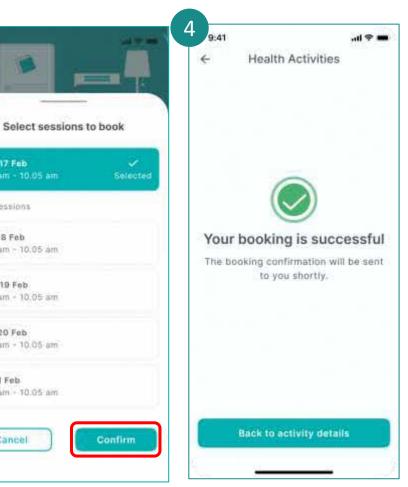
Health Kampung – Book Activities



Tap on **Book Activity.**

Tap on your preferred activity. There are **three** activity booking types:

- 1. In-App Booking
- 2. Booking directly with organisers
- 3. No Registration needed



Tap on your preferred session (if necessary) and Confirm.

Mon, 17 Feb

More Sessions

Tue, 18 Feb

Wed, 19 Feb.

Thu, 20 Feb

Fri, 21 Feb

9:05 am - 10:05 am

9:05 am - 10:05 am

9:05 am - 10:05 am

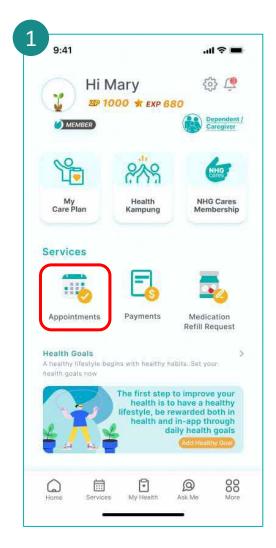
9:05 am - 10.05 am

Cancel





Health Kampung – View Booked Activities



Tap on Appointments.



Tap on **Upcoming** to view new activities booked.



Tap on **History** to view past activities.



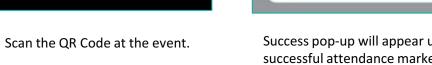
NHG cares

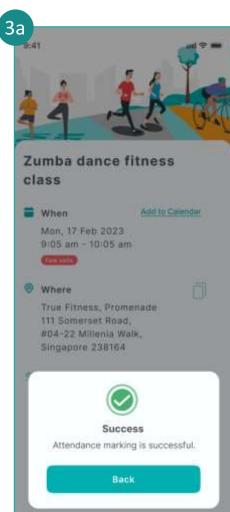
Health Kampung – Mark Attendance

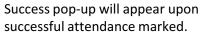


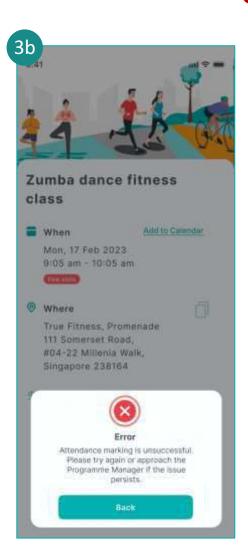
Tap on Scan.











Error pop-up will appear upon unsuccessful attendance marking. Please approach the event organiser for assistance.

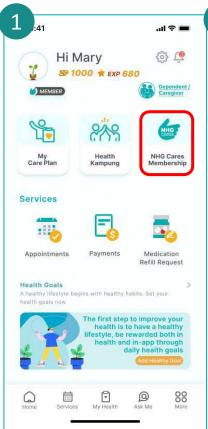
NHG Cares Membership

2a

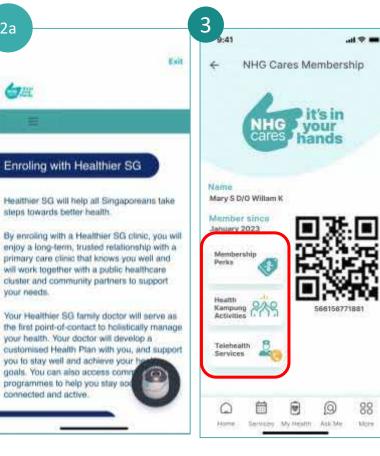
Singpass Login

Central & North Residents

Enrolled to Healthier SG











Tap on NHG Cares Membership.

Tap on Learn More.

For NHG residents who have not enrolled to HSG will be provided steps on enrolment.

Enrolled residents can access additional benefits and services by tapping on:

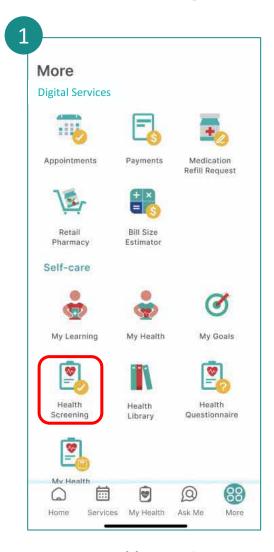
- Membership Perks
- Health Kampung
- Telehealth Services

Tap on **Perks** to get codes for dining and retail savings.

Tap on **Telehealth Services** to get advice from nurses.



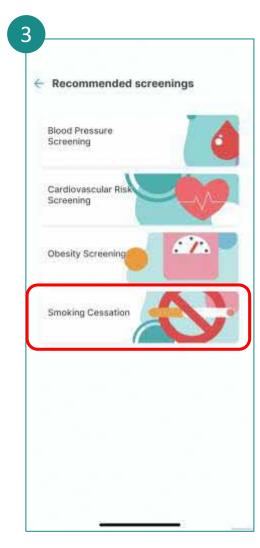
Health Screening



Tap on **Health Screening.**



Fill up the questionnaire and select **Proceed.**



Tap on the recommended screening type to find out more.

NHG cares

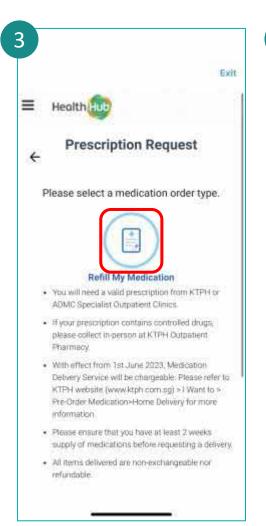
Medication Refill Request

Applicable to all NHG institutions

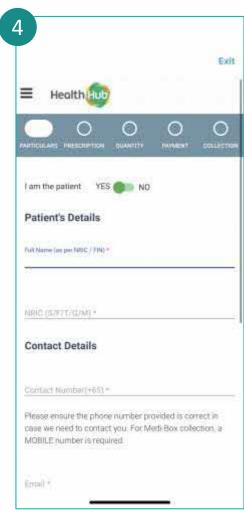




Tap on your healthcare provider's institution.



Tap on **Refill My Medication**.



Complete the HealthHub Medications Request form accordingly.

Note: Institutions listed is for illustration purposes only.

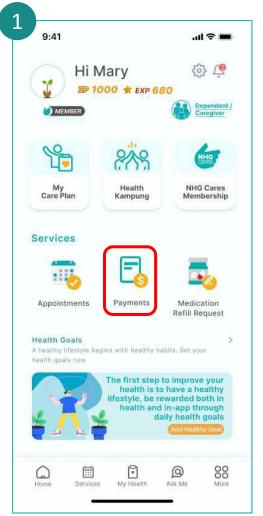
Tap on Medication Refill Request.



Payments

Applicable to all NHG institutions except NSC

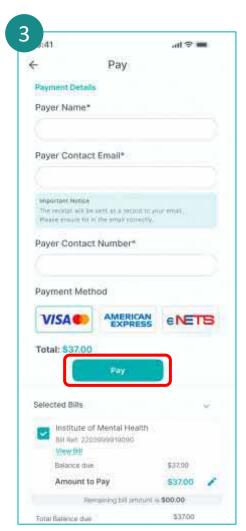




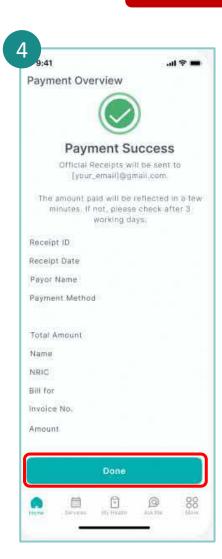
Tap on Payments.



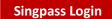
Select or Add bills to pay and tap on **Proceed to Payment**Note: You may choose to make partial payment by
tapping on the icon.



Input your details and tap on Pay.

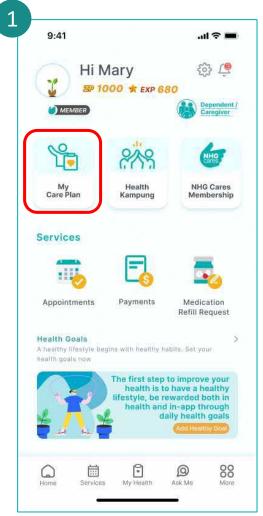


Tap on **Done** upon successful payment to exit the page.





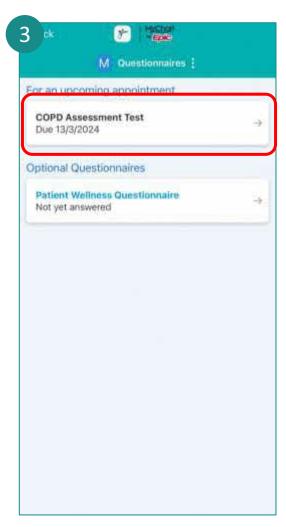
Accessing Questionnaire: COPD Assessment Test



Tap on My Care Plan.



Tap on **Questionnaires**.

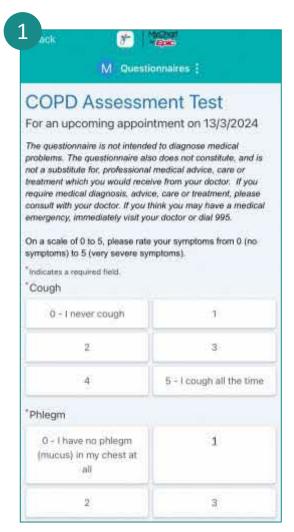


Tap on questionnaire available for an upcoming appointment.

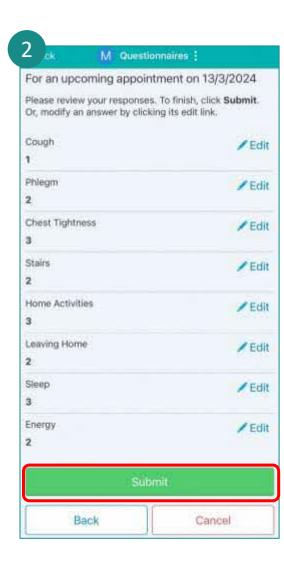




Completing Questionnaire: COPD Assessment Test



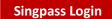
Fill in the questionnaire.



Select your answers and tap Submit.

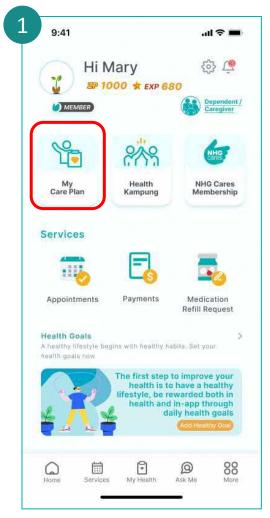


Upon submission, view successful completion of questionnaire screen.





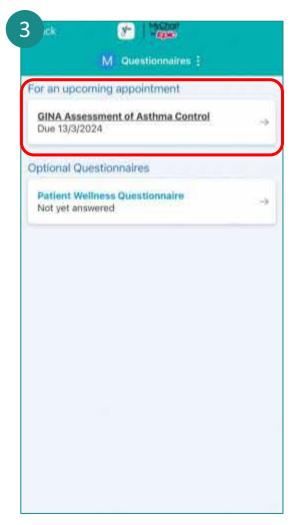
Accessing Questionnaire: GINA



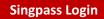
Tap on My Care Plan.



Tap on Questionnaires.

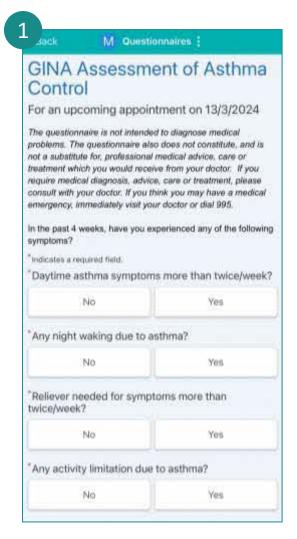


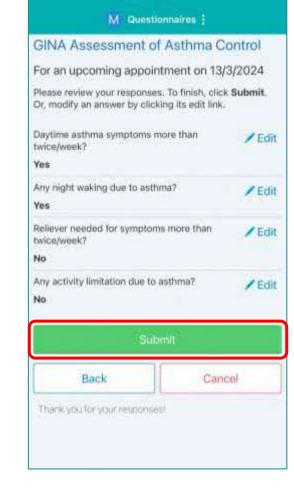
Tap on questionnaire available for an upcoming appointment.





Completing Questionnaire: GINA

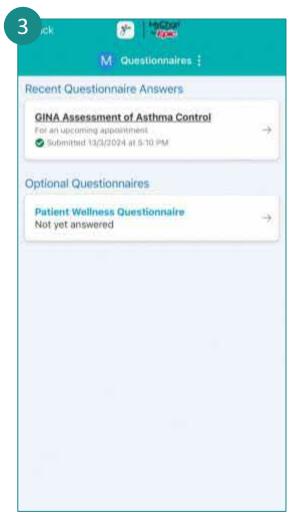




假始

Fill in the questionnaire.

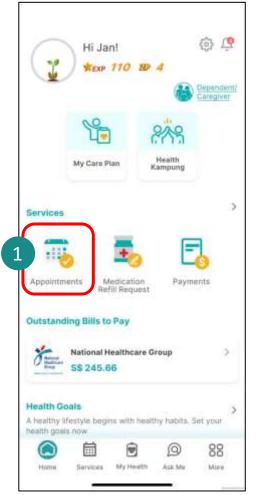
Select your answers and tap **Submit.**



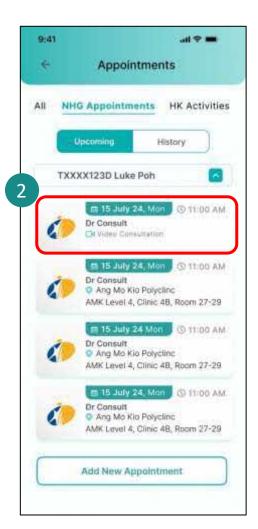
Upon submission, view successful completion of questionnaire screen.



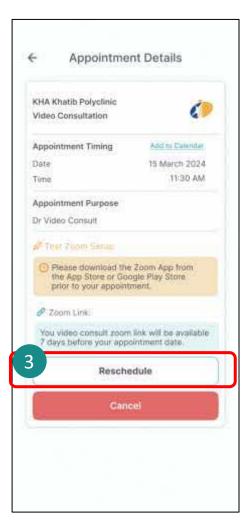
Appointment Card & Booking of Video Consult



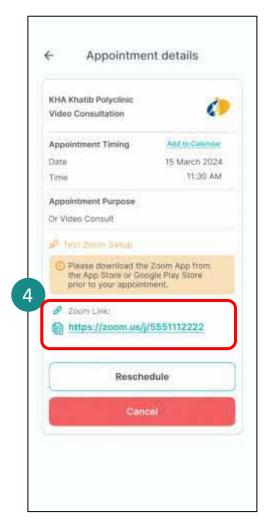
Tap on **Appointments** to view listings.



Tap Video consultation under appointment listing.



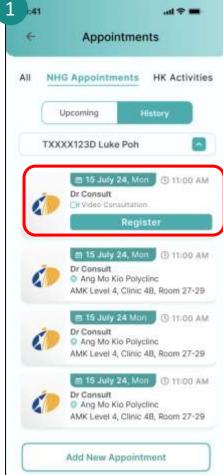
Tap reschedule to update and/or cancel the appointment.

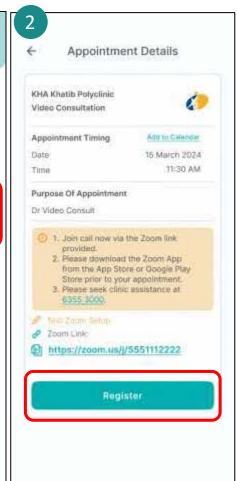


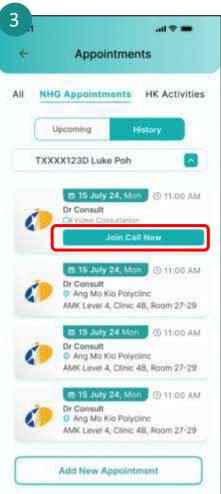
Zoom link will be displayed 7 days before the appointment date (inclusive of weekends).



Zoom Link Feature - Successful Registration of Video Consult





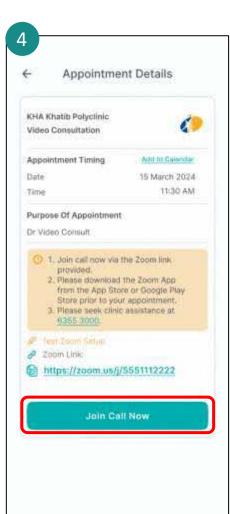


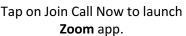
Display Join Call Now upon

successful actualization/

registration.









Registration button will be displayed 30 mins before appointment time.

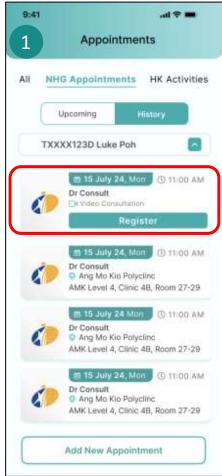
Taps Register via appointment details page.

Video consultation starts and ends in Zoom.

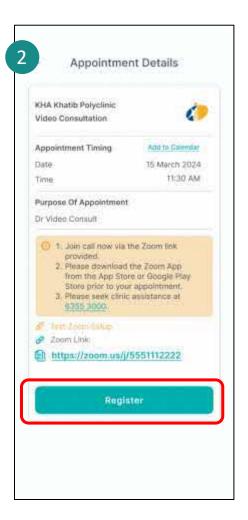
Once video consultation ends, there is no re-direction back to NCA after end of Zoom call.



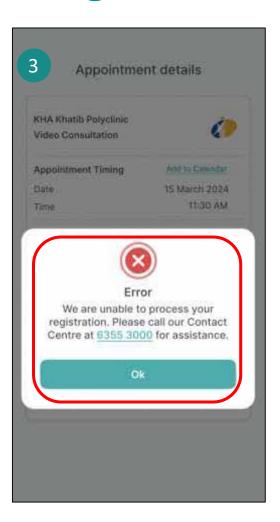
Zoom Link Feature - Failed Registration of Video Consult



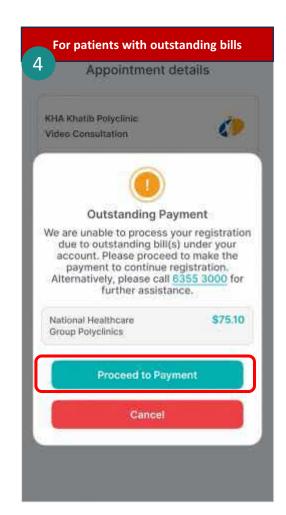
Registration button will be displayed 30 mins before appointment time.



Tap **Register** via appointment details.



A pop-up **error notification** will be displayed due to outstanding bill(s).

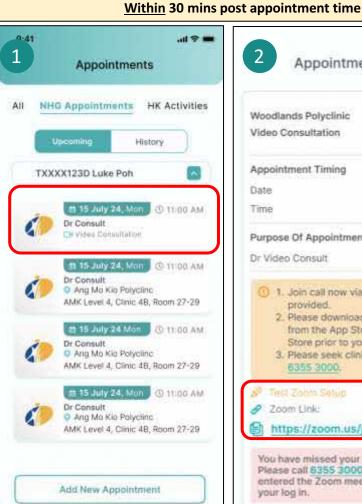


Tap on **Proceed to Payment.**

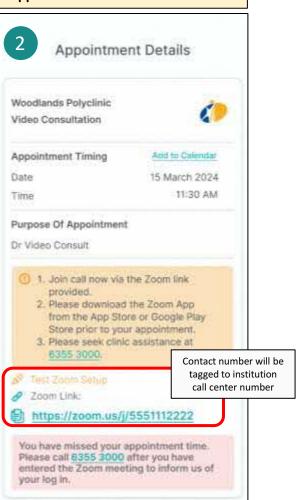
Tap to **Cance**l to go back to appointment detail page.



Late Registration of Video Consult



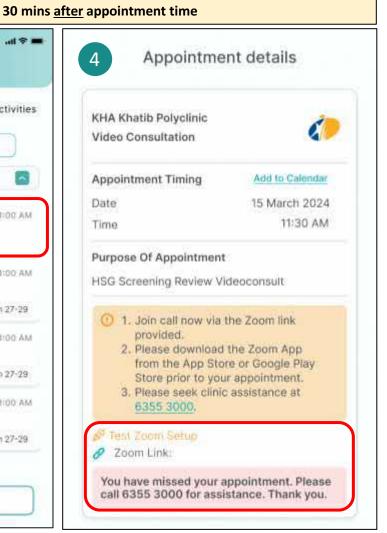
30mins **before** your appointment time slot, you will not be to view the registration button.



Tap **zoom link** to join the call for video consult.

제오= **Appointments** NHG Appointments HK Activities Upcoming History TXXXX123D Luke Poh @ 15 July 24, Mon @ 11:00 AM Dr Consult Of Video Consultation m 15 July 24, Mon (0 1):00 AM Dr Consult Ang Mo Kio Polycline AMK Level 4. Clinic 4B. Room 27-29 m 15 July 24 Mon (0) 11:00 AM Dr Consult Ang Mo Kio Polycline AMK Level 4, Clinic 4B, Room 27-29 m 15 July 24, Mcin (9 11:00 AM Dr Consult Ang Mo Kia Polycline AMK Level 4, Clinic 4B, Room 27-29 Add New Appointment

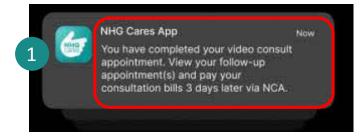
You will not be able to view Zoom link 30mins **after** appointment time.



A missed appointment message will be displayed 30mins **after** appointment.

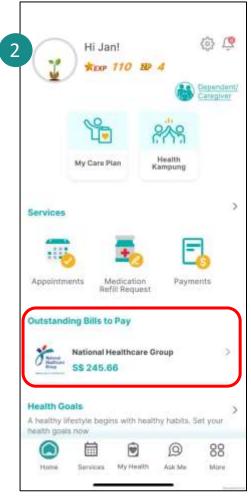


Push Notifications of Video Consult



You will receive a push notification once the video consult is completed.

Tap on the **push notification** to be redirected to NCA homepage



Tap on **Outstanding Bills to Pay** to view bills.

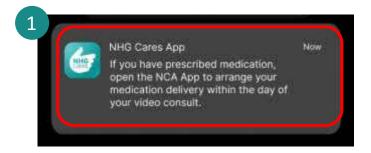


Tap on **Medications** to view prescribed medications after video consult.



Order Medication of Video Consult

Entry point 1

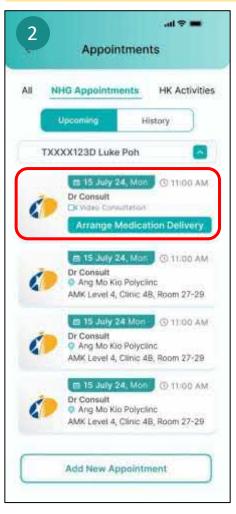


You will receive push notification 1 hour after the completion of video consultation.

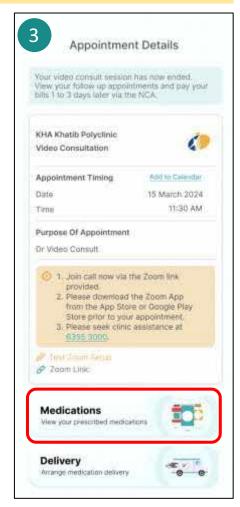
Note: Notification will be sent to all video consult patients regardless of prescribed medication.

VCP does not identify patient based on prescribed medication.

Entry point 2



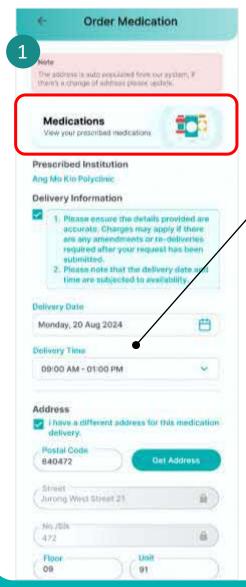
Tap **Arrange Medication Delivery** button to be redirected to order form.

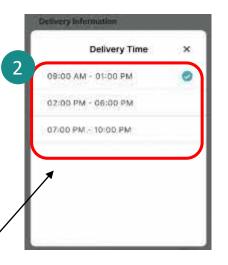


Tap on **Medications** to arrange medication delivery and redirected to order form.



Order Medication Form of Video Consult





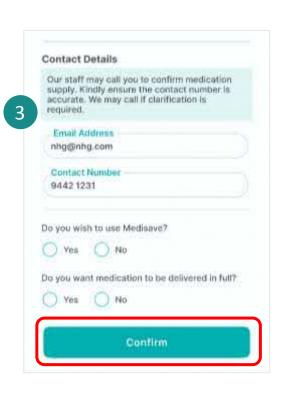
Tap on Medications button to be redirected to prescribe medication.

Choose delivery date and delivery time.

You will be allowed to change delivery address should the delivery address defer from records.

Note:

- Default- pre-fill of delivery address & contact details is from NGEMR (Permanent Address)
- 2. Contact Details are from NGEMR records



Tap **Confirm** to submit order form.



Note:

- 1. Delivery date starts from 1 week from the day of med order
- Delivery end date starts from 2 weeks from the day of med order
- B. Delivery does not include Public holidays and Sundays
- 4. Delivery timeslot ranges from
 - (9 to 1pm), (2 to 6pm) and (7 to 10pm)
 - No night deliveries on Sat (7 to 10pm)